

Food & Refreshments 6:30 pm
Workshop & Discussion 7 – 9 pm

Childcare Available



“Teenagehood: Dispelling the Myths”

Please Hold the Dates

for a Series of Workshops for Parents & Teens together

- Wed. October 28th Positive Communication between Parents & Teens
- Wed. Nov. 25th Anxiety. What is Normal Adolescent Behaviour?
- Wed. Jan. 27th Internet Safety/Cyber Bullying
- Wed. Feb. 24th Teenage Moods: Keeping it Positive
- Wed. April 28th Healthy Lifestyle (drugs, relationships, friends, etc.)
- Wed. May 26th Support for Parents

No Cost to Families



Location: YRDSB - Community Education Centre Central

Address: 317 Centre Street E. Richmond Hill



Please call 905 884-4775 ext. 330 to register

*Brought to you by RH-EACH
Richmond Hill Engages All For Community and Home:
A partnership of the York Region District School Board,
York Catholic District School Board and your community
agencies serving children, youth and families*

- Our thanks to Catholic Community Services of York Region for the translations of the flyers.

